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Sources for:

*Women's Longevity Gap: Women Live Longer On Less*

**Life Expectancy**

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<https://www.statista.com/statistics/1040079/life-expectancy-united-states-all-time/>

Medina, L. et al (2020). "Living Longer: Historical and Projected Life Expectancy in the United States, 1960 to 2060."

<https://www.census.gov/content/dam/Census/library/publications/2020/demo/p25-1145.pdf>

**Financial Implications of Longevity Gap**

Health View Services (2020). "Addressing Women's Longevity Gap."

<https://hvsfinancial.com/wp-content/uploads/2020/09/Women-White-Paper-September-2020.pdf>

**2020 Federal Poverty Level**

Department of Health and Human Services (2022).

<https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines>

**Poverty Rural Oregon**

Mechling, A. (2020). "A portrait of poverty in Oregon." Oregon Center for Public Policy.

<https://www.ocpp.org/2020/08/07/poverty-oregon/>

**Value of Annual Work**

Wezerek, G., Ghodsee, K. (2020). "Women's unpaid labor is worth \$10,900,000,000,000."

<https://www.nytimes.com/interactive/2020/03/04/opinion/women-unpaid-labor.html>

Note: Collectively, Oregon women and girls spend nearly one-half a billion hours each year caring for family members. See "Count Her In: A report about women and girls in Oregon." <https://womensfoundationoforegon.org/pdf/CountHerInreport.pdf>

**Career Interruption**

Parker, K. (2015). "Women more than men adjust their careers for family life."

<https://www.pewresearch.org/fact-tank/2015/10/01/women-more-than-men-adjust-their-careers-for-family-life/>

Parker, K. (2017). "About one-in-four U.S. workers have taken leave to care for a seriously ill family member."

<https://www.pewresearch.org/fact-tank/2017/03/30/about-one-in-four-u-s-workers-have-taken-leave-to-care-for-a-seriously-ill-family-member/>

### **Shortage of Housing in Rural Places**

State of Oregon, Employment Department (2017).

<https://www.qualityinfo.org/documents/10182/13336/The+Employment+Landscape+of+Rural+Oregon?version=1.2>

### **Medical and Home Care Expenses**

Health View Services (2020). "Addressing Women's Longevity Gap."

<https://hvsfinancial.com/wp-content/uploads/2020/09/Women-White-Paper-September-2020.pdf>

### **Driving Life Expectancy**

Foley, D, et al (2002). "Driving life expectancy of persons aged 70 years and older in the United States." <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447231/>

### **Distances to Groceries**

Rhone, A., Ploeg, M. (2019). "U.S. shoppers' access to multiple food stores varies by region." <https://www.ers.usda.gov/amber-waves/2019/june/us-shoppers-access-to-multiple-food-stores-varies-by-region/>

### **Distance to Hospital**

Lam, O., et al. (2018). "How far Americans live from the closest hospital differs by community type." <https://www.pewresearch.org/fact-tank/2018/12/12/how-far-americans-live-from-the-closest-hospital-differs-by-community-type/>

Note: for more detailed picture of Rural access to medical care, see:

<https://www.ohsu.edu/sites/default/files/2018-08/Aging%20in%20Rural%20and%20Frontier%20Oregon%202016.pdf>

### **Low Wage Jobs are Women's Jobs**

Tucker, J., Patrick, K. (2017). "Low-wage jobs are women's jobs: the overrepresentation of women in low-wage work."

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### **Persistent Income Gap**

Bleiweis, R. (2020). "Quick facts about the gender wage gap." Center for American Progress. <https://www.americanprogress.org/article/quick-facts-gender-wage-gap/>

### **Overview on Caregiving**

National Center on Caregiving at Family Caregiver Alliance (2015). "Women and caregiving: facts and figures."

<https://www.caregiver.org/resource/women-and-caregiving-facts-and-figures/>

AARP (2020). "Caregiving in the U.S."

<https://www.aarp.org/content/dam/aarp/ppi/2020/05/full-report-caregiving-in-the-united-states.doi.10.26419-2Fppi.00103.001.pdf>

### **What's Care Worth?**

Genworth (2021). "Cost of Care Survey."

<https://www.genworth.com/aging-and-you/finances/cost-of-care.html>

### **1 in 6 Childless**

U.S. Census Bureau (2021). "First-ever census bureau report highlights growing childless older adult population."

<https://www.census.gov/newsroom/press-releases/2021/childless-older-adult-population.html#:~:text=AUG.%2C%2031%2C%202021%20%E2%80%94,adults%20are%20expected%20to%20increase.>

### **Need for Personal Caregiving**

U.S. Department of Health and Human Services, Administration on Aging (2020). "2019 Profile of Older Americans."

<https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2019ProfileOlderAmericans508.pdf>

### **Overnight Nursing Home Stay**

Banerjee, S. (2018). "Cumulative out-of-pocket health care expenses after age of 70."

[https://www.aspeninstitute.org/wp-content/uploads/2019/04/ebri\\_ib\\_446\\_catastrophichealthcare-3apr18.pdf](https://www.aspeninstitute.org/wp-content/uploads/2019/04/ebri_ib_446_catastrophichealthcare-3apr18.pdf)

### **Volunteering**

Note: Oregon's women are more likely to volunteer than either Oregon men or other women nationwide. See "Count Her In: A report about women and girls in Oregon."

<https://womensfoundationoforegon.org/pdf/CountHerInreport.pdf>