OHA Public Health State Health Improvement Plan Survey for Adults 60+

The Oregon State Health Improvement Plan (SHIP) is a roadmap for improving health across our state. The goal is simple: to ensure every Oregonian—at every stage of life—has the opportunity to achieve their best possible health.

To make this plan truly effective, we need to hear from you. We want to raise the voices of older adults across the state. Your input will help shape the 2025-2029 State Health Improvement Plan so that it reflects real community needs and priorities.

Your input matters! All responses will remain anonymous. **Please submit your response by April 16, 2025.**

Please review these 7 priorities for the Oregon State Health Improvement Plan before completing the survey below.

1. **Healthy Environments**: Keeping Oregon's air, water, and communities clean and safe. This includes reducing health risks from pollution, extreme weather, and environmental hazards where people live, work, and spend time.

2. **Emergency Preparedness and Response**: Ensuring Oregon is ready to respond to public health emergencies, like wildfires, extreme weather, or disease outbreaks—so help is available quickly, no matter where you live.

3. **Health Across the Lifespan**: Health and prevention needs change with factors like age, life circumstances, and environment. These needs are met with policies and programs that keep people healthy and prevent illness.

4. **Disease Prevention and Health Promotion**: Prevention of chronic diseases (like heart disease and diabetes), acute medical events, and communicable diseases (like the flu) is the foundation of public health work.

5. **Physical, Mental, and Community Safety**: Everyone deserves safety and to be treated with dignity. This priority focuses on preventing and addressing violence, abuse, and unsafe conditions in our homes and communities.

6. **Mental Well-being and Behavioral Health**: Ensuring mental and behavioral health care is accessible to all and delivered in culturally and linguistically appropriate ways. Public health creates policies and practices that focus on preventing problems and finding solutions that help individuals and the whole community.

7. **Equitable Social Conditions**: Conditions in the places where people are born, live, learn, work, play, worship, and grow old can have a big impact on our health, well-being, and quality of life. While public health can't control all of these factors, it's important to recognize them and try to include them in our work whenever we can.

After reviewing the 7 priorities, answer the questions below.

Question 1: Based on your review of the priorities above, please select your top 3 (Only select 3 options):

☐ Healthy environments

☐ Emergency preparedness and response

☐ Health across the lifespan

☐ Disease prevention and health promotion

☐ Physical, mental, and community safety

☐ Mental well-being and behavioral health

☐ Equitable social conditions

Question 2: Which of the priorities matters most to you, and why? Please explain your answer:

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Question 3: Is there anything in the list that you feel doesn't belong or that you don't fully understand? Please share your thoughts.

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Question 4: Do you think there is something important missing from the list of state public health priorities? If so, please specify.

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Question 5: How would you rate your current overall health?

    ☐ Poor

    ☐ Fair

    ☐ Good

    ☐ Excellent

Question 6: Do you currently use videoconferencing on the computer, virtual visits, or telehealth for any of your medical appointments?

☐ Yes

☐ No

Question 7: In which county do you live? _____

Question 8: What is your age?

☐ Under 18

☐ 18-34

☐ 35-49

☐ 50-64

☐ 65-75

☐ 76+

Thank you for completing this survey. If you are completing it at a local group or center, please hand it in. You may also mail it to:

AGE+ c/o Julia Brown
15900 SE 82nd Drive
Clackamas, OR 97015

You may also submit this survey by emailing a photo or scanned version to jbrown@ageplus.org or texting it to (541) 450-9194.

For more information about AGE+ visit www.ageplus.org.